



wearebrainerd.org

WeARE is a clinic providing evidence-based sexual health education and services delivered by medical professionals in the Brainerd Lakes Area.

**Personal and confidential care
Everyone is welcome**

No one will be turned away regardless of age, race, gender, sexual orientation or the ability to pay.

Services Available:

- STI Testing and Treatment
 - Chlamydia and Gonorrhea
 - HIV
 - Syphilis
- Sexual Health Education
- Birth Control including IUDs and Implants
- Emergency Contraception
- Urinary and Vaginal Infection testing and treatment
- Pap Tests
- Free Pregnancy Tests
- Female Annual Wellness Exams
- Breast Exams

Where is the Clinic?

WeARE-The Clinic is located at 615 Oak Street in Brainerd (across the street from the Brainerd YMCA).

**For hours and more information please visit our website wearebrainerd.org.
Walk-ins are welcome but appointments preferred.**

**CALL for an appointment at 218-454-1546
or TEXT at 218-838-6280**

LGBTQ+

Community Resource Guide



Advocates for Reproductive Education

615 Oak Street | Brainerd, MN 56401



LGBTQ+ Resource Services



Healthcare Providers

- **Alicia Prahm, MD**
Essentia Health / Gynecology
Phone 218-828-2880
- **Christa Eickhoff, MD**
Essentia Health / Infectious Disease
PrEP and HIV Care
Phone 218-828-2880
- **Lori Gutierrez, cNP**
Essentia Health / Family Medicine / Women's Health
Phone 218-828-2880
- **CentraCare Sexual and Gender Medicine**
Gender & Sexual Health Clinic
Phone 320-654-3633

Mental Health

- **Kimberly Dwinnell-Dillon MSW, LICSW**
The Therapist
218-454-3288
www.TheTherapistMN.com

Faith Support Services

- **Rev. Leslie Moughty / United Church of Christ (UCC)**
415 Juniper Street,
Brainerd MN 56401
Phone 218-829-2528



Sexual Assault Advocates

- **Sexual Assault Services**
24-hour Advocates Available - Free & Confidential
Phone 218-828-0494 or (888) 458-0494
- **Mid-Minnesota Women's Center**
Phone 218-828-1216 or 888-777-1248

Support Groups & Advocates

- **Rainbow Road Support Groups**
Meets at The Shop
Call for information at 218-454-2039
- **Brainerd Lakes Pride**
Adam Bunte, ED - 320-360-6893
- **Rainbow Coalition at CLC**
Advisor: Erin Wilmot - erin.wilmot@clcmn.edu
- **Gay-Straight Alliance (GSA)**
Megan Trout, Advisor - megan.trout@isd181.org

The care you receive will be personal and confidential.
Everyone is welcome.

